



*SenTower Park*

# Manual Competitions 2021

Covid-19



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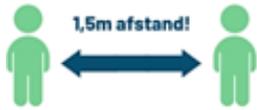
## *1 Introduction*

With this script we want to make known all measures taken against Covid-19 in order to create a safe environment during our events. It serves as a handhold for both organizer and participant. Please note that the measures listed here are dynamic and they depend on the decisions of our government. All our measures are in conformity with the basic protocol of the Flemish government in the context of professional sports events.

In this script all our current measures are listed on the basis of the various aspects of a competition. Our contact person is introduced where you can go with questions about these measures. Furthermore, we also give a little explanation about our communication plan and our event organization. Finally, we discuss the testing strategy that we apply.

## 2 Safety measures

### HOW TO PREVENT CONTAMINATION



Keep 1.5m distance!



Wash your hands regularly



Cough or sneeze into a paper towel or the inside of your elbow



Preferably wear a mouth



Park your vehicle at a safety distance of 7m and keep 1.5m from each other.



Register in advance and pay cashless



max. 1 horse per 100m<sup>2</sup> in the track



max. 3 persons per horse (including rider) allowed

### TAKE CARE OF YOURSELF AND OTHERS



As organizers, we create conditions where individuals can follow these rules!

#### 2.1 Social Distance

The general rule goes like this: All over the terrain, you keep 1.5m distance at all times from people who do not belong to your "bubble". You move only in your social bubble and if you do move with others you keep 1.5 m distance and wear a mouth mask!

Gatherings of more than 4 people are prohibited!

Different zones have been set up so that officials, sportsmen and women, employees, etc. cross each other as little as possible (such as separate sanitary facilities, demarcated areas, etc.).

In addition, some spatial measures are planned::

- Physical barriers (plexiglass, ...)
- Circulation plan (one-way traffic and walking lines)
- Density rules (static = 1/10m<sup>2</sup>; dynamic = 1/30m<sup>2</sup>)
- Separate entrance and exit track /paddock

Our communal dining areas are closed due to current catering measures. In addition to all the measures we take, we take extra account of risk groups such as seniors and people with serious medical conditions

## *2.2 Mouth Nose Masks*

Wearing a mouth mask is mandatory on the entire ground for people 12 years and older.

Exception: while riding, it is not compulsory to wear a mouth mask but as soon as you dismount, the mouth mask must be put back on.

As an organizer, we are obliged to provide masks. These masks can be purchased at the Show Office.

## *2.3 Hygiene measures*

As an organizer, we provide disinfectant dispensers in several places distributed throughout the competition site. These are regularly checked and refilled. We also ensure that there is always a sufficient supply of soap, paper towels, disinfecting gel and plastic gloves.

Contact surfaces that are used frequently such as door handles and taps are additionally disinfected as are materials that are used by multiple people.

It is important that people wash and disinfect their hands regularly. Information about the hygiene measures is actively distributed using posters.

## *2.4 Ventilation*

Preferably, as many activities as possible take place outside!

The accessible indoor areas that are used are ventilated with both natural and mechanical ventilation systems to prevent the spread of the virus.

### 3 Covid-Coordinator

Our Covid-coordinator is responsible for all communication concerning the measures concerning Corona. She is the point of contact and checks whether everyone complies with the measures and if not she is allowed to remove these persons from the competition site. The access of persons who want to enter the competition site will be denied if they do not comply with the measures. The Covid-coordinator will be assisted by the Corona-safety team for the enforcement of the measures.

#### Information Covid-Coordinator

Name: Marijke De Rossi  
E-mail: [marijke@sentowerpark.com](mailto:marijke@sentowerpark.com)  
Tel.: +32 89 20 18 02  
Cell : +32 476 41 06 17

### 4 Communication plan

The communication regarding the safety measures happens both online and offline. Before the start of the competition, communication is mainly done via our digital channels. During the match the communication will be done through posters, LED boards or by the staff themselves.

All further communication regarding Corona measures will be communicated by our Covid-coordinator.

For any further questions you can always contact the following authorities

Covid-coordinator: Marijke De Rossi

- E-mail: [marijke@sentowerpark.com](mailto:marijke@sentowerpark.com)
- Tel.: +32 89 20 18 02

Before the competition: the general secretariat

- E-mail: [info@sentowerpark.com](mailto:info@sentowerpark.com)
- Tel.: +3289 20 18 00

During the competition : Show Office

- E-mail: [showoffice@sentowerpark.com](mailto:showoffice@sentowerpark.com)
- Tel.: +3289 20 18 05

## 5 Competition Organization

### 5.1 Division of the different areas

#### 5.1.1 Parking

- In the parking lot, make sure there is enough distance between the trucks, camionettes.... In this way, an additional empty parking space will be left next to each truck. The extra distance between the vehicles should guarantee social distancing, including when preparing the horse.
- The steward ensures that social distancing is maintained on the way to and from the tracks.

#### 5.1.2 Stables

- In the stables, enough disinfectant is provided so that all the equipment used can be cleaned regularly.
- Everyone in the stables wears a mouth mask and keeps 1,5m distance from people who do not belong to their bubble.
- Riders and grooms are only allowed in the stables of their horses.

#### 5.1.3 Arenas

##### **Warming-up**

- Only riders and 2 additional people per horse (groom, trainer or parent) are allowed in the warming-up arena. Others have no access.
- All attendees are required to wear a mouth mask. Also, grooms and trainers are asked to regularly disinfect their hands and keep 1.5m distance, disposable gloves are strongly recommended. A steward will check this and riders, whose handler/trainer does not comply with these measures, will not be able to participate in the competition.
- Riders are not required to wear a mouth mask while riding. However, they must always maintain a distance of 1.5 meters between them and others.
- Horses are not allowed to dismount in the same arena as the jumping arena.
- In each arena the number of riders is limited to 1 per 100m<sup>2</sup>.
- The entrance and exit of each arena must always be kept free to ensure a smooth flow, thus avoiding any contact between the riders.

##### **Competing Arena**

- In the competing arena, a maximum of 3 horses are allowed at the same time:
  - the combination that has just ridden the course and is about to leave the arena
  - the combination that is jumping
  - the combination that is next in line.
- During the reconstruction of the course, track helpers and course builders must wear a mouth mask/face shield.
- During course reconnaissance, small groups are allowed in the arena. They must also wear a mouth mask.
- At the prize-giving ceremony only the winner is expected in the arena to avoid unnecessary contact.

#### 5.1.4 Office

- The employees at the agency are given a basic "safety" package. They are also required to wear a mouth mask/face shield at all times. And again, plenty of disinfectant alcohol is provided.
- They are asked not to seek direct contact with the riders. Only those tasks that can be performed with social distancing are important.

#### 5.1.5 Show Office

- Only 1 visitor at a time is allowed in the Show Office. Because there are a lot of people coming to this area, extra ventilation will be provided and there are plexiglass screens to give our employees extra protection. Wearing a mouth mask when entering the Show Office is mandatory. Disinfectant is also provided to regularly disinfect the used materials.
- Reservations must be made in advance via Equibel (registration), linked to an online payment. Other payments can only be made by card, payments with cash are not allowed.
- Communication between stewards and the Show Office will be via Walkietalkie and cell phone. This is to limit the number of contacts. Start- and result lists will not be distributed. An information board with the hygiene measures and the start lists will be provided separately.
- Because there may be no ceremony, the winners come to collect their prizes in the Show Office.

### 5.2 *Participants during the event*

According to the current Corona rules, only the ones who contribute to the smooth running and organization of a competition may be present at the competition site.

One groom and one attendant are allowed per athlete. Gatherings of more than 4 persons are prohibited.

All persons present will be registered. Their name and e-mail address or telephone number will be kept for at least 14 days for possible contact investigation.

The federation is responsible for the registration of the athletes and officials, we as the organization will register all other persons present on the competition site.

Spectators are not allowed. This means that no VIPS, partners, guests, ... may be present. Persons showing symptoms of disease or not able to present a negative PCR test will also be refused.

### 5.3 *Crowd-management*

- We provide walkways and one-way flows by means of physical barriers to ensure social distancing
- We provide plexiglass screens and take measures to avoid queues, such as online registration and paying for the race.
- As organization, we make participants aware, in a polite way, of the applicable measures and take sanctions if people do not comply with them.
- These people have access to all areas because of the task they have to fulfil:
  - o Veterinarian
  - o First aid team
  - o Police officers
  - o Fire department

- Cleaning crew before and after the race, in the absence of the active participants and provided that the necessary protective equipment is worn (gloves, mouth mask, strict hand hygiene)
- Covid coordinator
- Administrative staff
- (Maintenance) technician of the competition site

#### 5.3.1 Steward

- Stewards wear a mouth mask at all times and regularly disinfect their hands and the equipment used.
- Communication with the Show Office will be via Walkie-talkies or via cell phone to avoid unnecessary contacts. Bridle numbers will be on the start list, so riders do not have to go to the Show Office to sign in, but can do so through the steward. The steward will inform the Show Office.
- No direct contact is made with the rider. At the bit check the steward will therefore make sure that the groom stays at a distance, the noseband does not need to be opened. Otherwise the bit control will proceed as normal!

#### 5.3.2 Jury

- Judges' sign-ups are done in the Show Office. It is asked that you do not hang around here too long so that sign-ups can be done smoothly and safely.
- In the Jury tower, it is asked to keep the number of people as low as possible. If possible, everyone in the Jury Tower keeps 1.5m distance or wears a mouth mask. Sufficient disinfectant gel is available and this area is well ventilated to prevent a build-up of bacteria.

## 6 Arrival at Sentower Park

### Procedure arrival athlete/ groom/ official

Prior to Arrival:

Athlete/ groom/ official announce their arrival time in advance



Do you have any of the following symptoms?

Abnormal fatigue	Fever (38° or more)
Sore throat	Loss of smell or taste
Runny nose	Sneezing more than once a day
Vomiting	Diarrhea several times a day
Dry cough	Headache that does not go away after 1 Paracetamol
General feeling of sickness	Unexplained muscle pains
Respiratory difficulties	

Or do you feel sick? **STAY HOME!**



Arrival at Check point



Foreign participant

Have the following documents checked by Check Point:

- Statement on honor of essential travel
- PFL form
- BTA form
- Negative PCR test less than 72 hours old

Non-foreign participant

Have following documents checked by Check point:

- Negative PCR test less than 72 hours old

No negative PCR test? = NO ACCESS

Does contest last > 3 days?



End of 2nd day/ beginning of 3rd day => have quick test on site (arrange appointment through Show Office)

  
Sentower Park

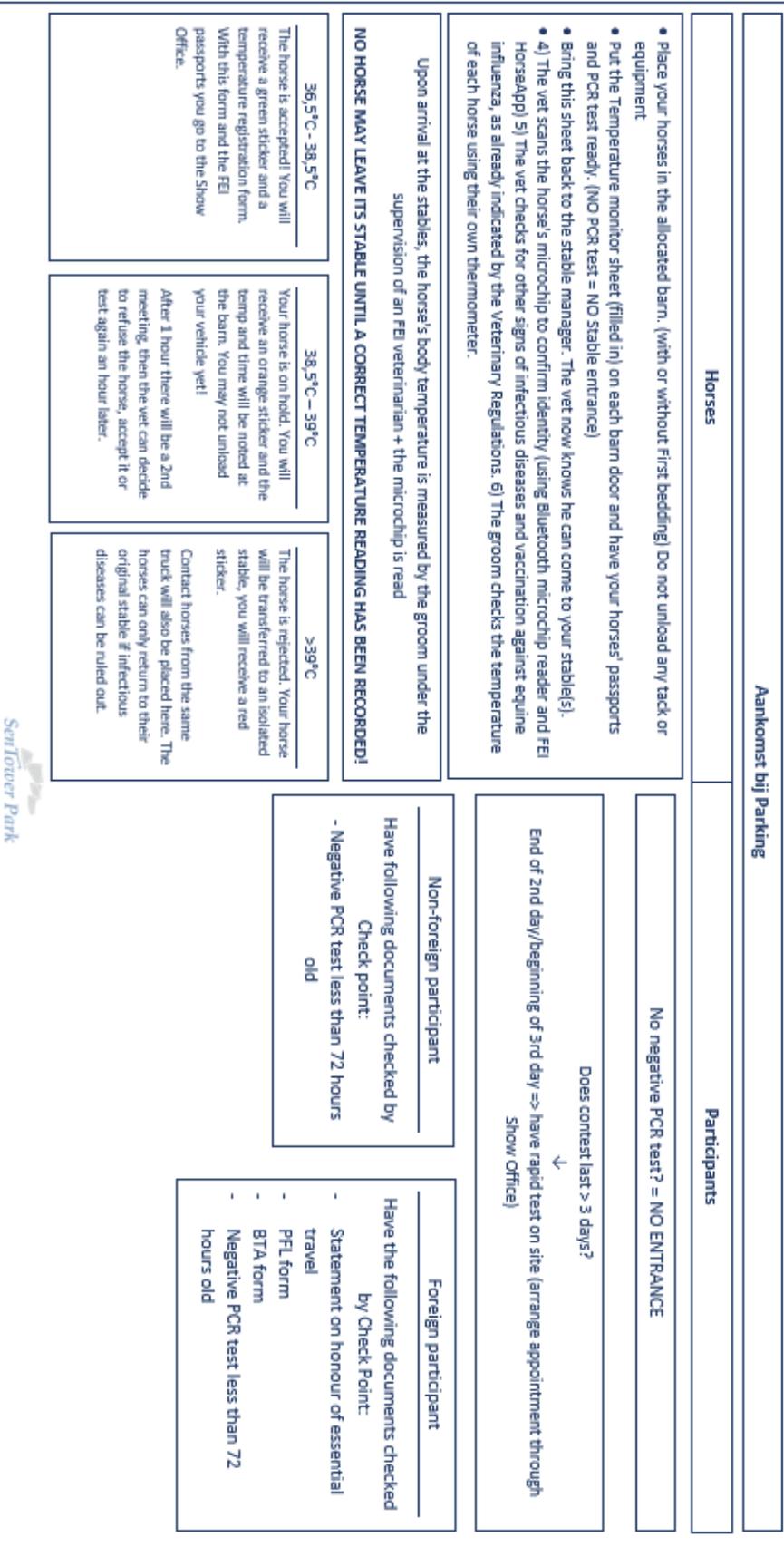
  
Sentower Park

## Procedure arrival Sentower Park

Abnormal fatigue Fever (38° or more) Unexplained muscle aches Dry cough Sniffly nose	Do you have any of the symptoms below? Or are you feeling sick? THEN STAY HOME!  Sore throat General feeling of sickness Respiratory difficulties Coughing  Loss of smell or taste Diarrhea more than once a day Headache that does not go away after 1 paracetamol Fever (> 38,5°C)
Does your horse have any of the symptoms below? LEAVE HIM AT HOME!  Runny nose Sneezing more than once a day Vomiting	



Aankomst bij Parking



## 7 Agreements and approvals of the municipality

### Vlaamse Regering

Ben Weyts  
viceminister-president van de Vlaamse  
Regering, Vlaams minister van  
Onderwijs, Sport, Dierenwelzijn en  
Vlaamse Rand  
Kreupelenstraat 2  
1000 BRUSSEL  
T 02 552 67 00  
kabinet.weyts@vlaanderen.be  
[www.vlaanderen.be](http://www.vlaanderen.be)

Mevrouw Lies Vlamynck  
Paardensport Vlaanderen

[lies.vlamynck@paardensport.vlaanderen](mailto:lies.vlamynck@paardensport.vlaanderen)

uw bericht van	uw kenmerk	ons kenmerk	bijlagen
vragen naar/e-mail Pieterjan Vangerven pieterjan.vangerven@vlaanderen.be		telefoonnummer 0495 74 25 19	1 datum <b>01 MAART 2021</b>

Betreft: Professionele paardensportwedstrijden

Geachte mevrouw Vlamynck,  
Beste Lies,

Ik heb kennis genomen van de vraag van Paardensport Vlaanderen om gebruik te maken van de uitzonderingen voor het gebruik van sportvoorzieningen, en het toestaan van trainingen en wedstrijden voor professionele- of topsporters, zoals voorzien in art.8 en art.15§5 van het Ministerieel Besluit van 28 oktober 2020, om zo professionele paardensportwedstrijden mogelijk te maken.

Gelet op het positieve advies van Sport Vlaanderen, geef ik hierbij toestemming om de wedstrijden opgenomen in bijlage, te laten doorgaan, voor professionele sporters, topsporters en beloftevolle jongeren. Deze toelating is mits het in acht nemen van alle voorzorgen om de verspreiding van het virus tegen te gaan, verdere naleving van het MB en het protocol professionele sportwedstrijden en onderhavig aan eventuele wijzigingen in wetgeving.

Met vriendelijke groeten,

  
Ben Weyts,  
Viceminister-president van de Vlaamse Regering  
Vlaams minister van Onderwijs, Sport, Dierenwelzijn en Vlaamse Rand

## 8 Testing strategy

### 8.1 Contact tracing

First and foremost: if someone feels sick, that person stays home!

**In the list below you will find** all possible symptoms of **the** Corona virus. Someone who has 1 of the symptoms below contacts a doctor as soon as possible. As an organization we provide a list of available doctors in the area. This list can be obtained from the Covid-coordinator. Testing points and emergency departments are also included in this list.

All possible symptoms of Covid-19 virus:

- Abnormal fatigue
- Fever (38° or more)
- Sore throat
- Loss of smell or taste
- Runny nose
- Sneezing several times a day
- Vomiting
- Diarrhea several times a day
- Dry cough
- Headache that does not go away after taking 1 paracetamol
- General feeling of sickness
- Unexplained muscle pains
- Breathing difficulties
- When the symptom is not Covid related, this person can still participate in the competition with a certificate from a **doctor**.

### 8.2 Testing strategy

A negative PCR test of less than 72 hours is required for athletes and grooms for admission to the competition! Even people who have been vaccinated should submit a negative PCR test. (They may in fact still be carriers of the virus without showing symptoms of disease).

Officials will take a quick test upon arrival on the 1st day at the competition site OR they will take a negative PCR test for up to 72 hours old.

If a contest is 3 days or longer, an intermediate negative test result must also be submitted.

If there are 3-5 days between arrival and the contest itself, a test must be done at least 2 times.

Below are some options:

- OR a PCR test on the day of arrival in Belgium and a second test at max 72h before the race
- OR a PCR-test on the day of arrival in Belgium and a quick test max 24h before the match
- OR a PCR-test 72h before the match and a quick test max 24h before the match

In case of a prior positive test, access to the competition site will be denied. If the rapid test of the officials turns out to be positive they will be sent back home immediately, they will have to go into home isolation and a PCR test.

### 8.3 Rapid tests

If a competition is longer > 3 days, quick tests must be taken on Friday and Saturday. You can book an appointment through Show Office.

The tests we use are: Panbio Covid-19 Ag rapid test Nasal  
These tests will be performed by a nurse from Team RED

Procedure rapid tests

- 1) Make an appointment through Show Office in a specific time slot to book your test.
- 2) At the booked time, go to the Senter Bar between the indoor arenas at Sentower Park.
- 3) Follow the signs.
- 4) Disinfect your hands.
- 5) Sign in at the administration desk with your ID card.
- 6) Have the test taken.
- 7) Don't wait and just leave. Only if your test result is positive will you be contacted via mobile phone/ app.
- 8) Afterwards the cost of the test (€ 12.5 excl. VAT) will appear on your invoice.

### 8.4 Foreign athletes (traveling to Belgium and quarantine)

For participation in training and competitions in Belgium, there are exceptions to the quarantine rules. Below are listed some essential items :

- During the stay in Belgium, the participant always carries the following documents:
  - Declaration of honour essential travel ([Essentiële reis - Verklaring op eer | Passagier Lokalisatie Formulier \(info-coronavirus.be\)](#))
  - PLF-form ([Passagier Lokalisatie Formulier | Passagier Lokalisatie Formulier \(info-coronavirus.be\)](#))
  - BTA-form ([Business Travel Abroad \(belgium.be\)](#))
- If he/she comes from a red zone, then a negative PCR test no more than 72 hours old must be presented
- For more information: [Travelling from and to other countries | Coronavirus COVID-19 \(info-coronavirus.be\)](#) or phonenumber : +32 78 15 17 71

Each person involved in the competition is personally responsible for compliance with correct regulations! The rules may in fact differ depending on the country of origin, the length of stay in Belgium and the current status of the Covid-19 pandemic in Belgium.

### 8.5 Some useful contact information

Test drive-in Genk	Address: Schiepse Bos 6 3600 Genk Tel: 089 32 50 50 (general number ZOL) Opening hours: mon-fri : 8h till 17h45 sat + holydays: 8h30 till 16h30 <b>Attention! Making an appointment is mandatory!!!</b>
Hospital ZOL Genk	Address: Schiepse Bos, 3600 Genk Tel: 089 32 50 50 E-mail: <a href="mailto:info@zol.be">info@zol.be</a> Web: <a href="http://www.zol.be">www.zol.be</a>

Emergency numbers Belgium	Medical: 112 Police: 101 Fire department : 112 General : 112
Covid-coordinator	Tel.: +32 89 20 18 02 E-mail: <a href="mailto:marijke@sentowerpark.com">marijke@sentowerpark.com</a>